



Hostel-Life: A to Z of Life @ Hostel

By Dr Surbhi Goyal

Times Group Books, New Delhi, India, 2015. Softcover. Book Condition: New. First Edition. Hostel - life - A to Z of life @ hostel prepares you for a hosteler's life. It begins right from preparations required before joining a hostel and systematically touches upon how to search, settle and adjust to hostel-life-a subject hitherto untouched upon. This book is structured in such a way that each teenage-student hosteler will be able to correlate to the anecdotes and problems discussed. It covers the challenges a hosteler faces and provides easy solutions. Further, it guides the reader about the importance of setting an everyday routine and building up an all-round personality. The author who is also a doctor has discussed the routine ailments and first aid to equip hostelers for medical emergencies. This book caters to teenage-student hostelers and also their parents as it would help them in understanding the complexity of teen-life. Written in a lucid language with ample examples from day-to-day situations, hostel - life is an easy read with a message to each student - 'never give up'. Printed Pages: 176.



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