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Speedy Publishing LLC. Paperback. Book Condition: New. Paperback. 302 pages. Dimensions: 8.8in. x 6.0in. x 0.5in.Just because youre trying to lose weight doesnt mean you actually need to give up your favorite foods. It also doesnt mean when summer is here you only need to eat salads or steamed fish. Did you know when trying to lose weight, eating meals cooked on a barbecue can help you to achieve your goals Most people, when the words barbecue are said will...

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- Authored by Samantha Michaels
- Released at -



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